

Dr. Fidel S. Goldson, Jr., Licensed Physical Therapist & Chiropractic Physician

Born and raised in Fort Lauderdale Florida, as a young boy, Fidel was exposed to the 100 Black Men Association very early on when his family's retail business participated in a fashion show for the organization.

Fidel attended Castle Hill Elementary in Lauderhill, Lauderhill Middle, Boyd Anderson High School (2 years) and at the age of seventeen graduated from North East High school. He immediately joined the Army Reserves. While stationed at Fort Jackson, his positive attitude and ambitious nature quickly captured the attention of his superiors, landing him the responsibility of Platoon leader. His proven abilities to set an example for a squadron of sixty would ultimately earn him the platoon's prestigious leadership award. Upon returning to Florida, Fidel enrolled at Broward Community College where he earned his Associate of Science degree in Physical Therapy. He went on to continue his education and earned his B.S. in Physical Therapy at Florida A&M University's aggressive Physical Therapy program. With degree in hand, Fidel joined his father, Dr. Fidel Goldson Sr. at his Chiropractic practice in Plantation, Florida as the staff Physical Therapist. He also started his own company, First Diagnostic & Physical Therapy. While working closely with his Dad, Fidel made the decision to become a Chiropractic Physician and in 2003 relocated to Dallas, Texas where he attended Parker Chiropractic College. There, he earned a B.S in Anatomy and in 2006 graduated with his Doctorate in Chiropractic. Fidel is married with three children and currently heads up the practices' second location-Goldson Spine Rehabilitation Center in Pembroke Pines, Florida.

Through his family's practice and organizations like 100 Black Men, Fidel is committed to finding new avenues that will allow him to continue to be a positive influence on the lives of others.